



Laser Hair Removal

Everything You Need to Know

Never shaving again seems like an impossible dream, doesn't it? Who wouldn't want to retire the razor for good and still have silky soft legs, a hair-free underarm with no work, or a bare bikini line with zero maintenance?

Bettia Turner, PR Specialist at Milan Laser Hair Removal answers 10 questions that cover just about everything you need to know about laser hair removal.

HOW DOES IT WORK?

The laser works by targeting the pigment of the hair and delivering the treatment directly to the root of the hair. The root of the hair is destroyed with the energy of the laser, and after a week or two, the hair will shed from the skin. That hair is now gone forever. Each laser hair removal session provides on average a 15% reduction in hair.

WHAT TYPES OF HAIR AND SKIN ARE BEST FOR LASER HAIR REMOVAL?

Milan Laser can treat ALL hair types and skin tones. Laser hair removal technology has evolved quite a bit since the 90s, when the treatments were only recommended if you had fair skin and dark hair. The new technology has made it available to everyone. Still, not all lasers are created equal. At Milan, we use the most effective laser on the market, The Candela GentleMax Pro, a dual wavelength laser that combines the nd:YAG and Alex lasers for high performance and proven results for all skin tones. In addition,

each client at Milan Laser is given a personal treatment plan created specifically with their individual needs, skin tone and hair type in mind.

WHAT PARTS OF THE BODY CAN BE TREATED WITH LASER HAIR REMOVAL?

Milan Laser can remove unwanted hair from your entire body except the top of the head and eye area. The most popular treatment areas are under arms, bikini line, legs and face.

DOES LASER HAIR REMOVAL HURT?

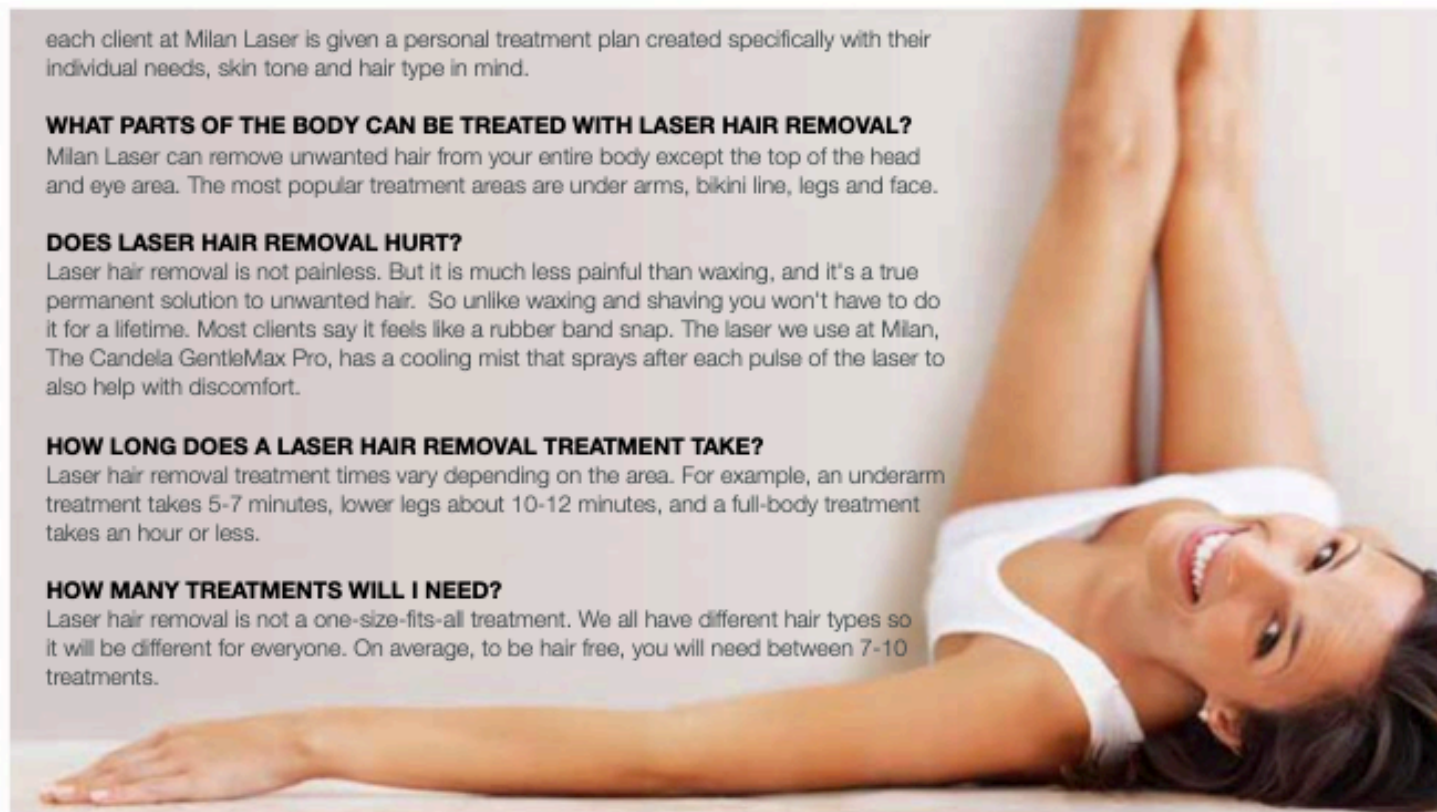
Laser hair removal is not painless. But it is much less painful than waxing, and it's a true permanent solution to unwanted hair. So unlike waxing and shaving you won't have to do it for a lifetime. Most clients say it feels like a rubber band snap. The laser we use at Milan, The Candela GentleMax Pro, has a cooling mist that sprays after each pulse of the laser to also help with discomfort.

HOW LONG DOES A LASER HAIR REMOVAL TREATMENT TAKE?

Laser hair removal treatment times vary depending on the area. For example, an underarm treatment takes 5-7 minutes, lower legs about 10-12 minutes, and a full-body treatment takes an hour or less.

HOW MANY TREATMENTS WILL I NEED?

Laser hair removal is not a one-size-fits-all treatment. We all have different hair types so it will be different for everyone. On average, to be hair free, you will need between 7-10 treatments.



Milan Laser offers The Unlimited Package with each body area purchased. So if you need 8 or 15 sessions, The Unlimited Package ensures you will be totally hair free at one affordable cost, with NO surprises.

HOW SHOULD I PREPARE FOR THE PROCEDURE?

We require that you shave the area being treated the day before or the day of treatment. The skin should be washed clean with no lotions or deodorants before treatments. It is also very important to avoid sun exposure and self-tanning. The laser attracts to the pigment of the hair, so if your skin is darker than normal this can affect the results of your treatment. Clients using medications like Accutane or Retinol are also asked to discontinue use at least one week before they are treated.

WHAT SHOULD I EXPECT AFTER GETTING LASER HAIR REMOVAL TREATMENT?

After your laser hair removal treatment is done, you can go back to your everyday life. Go to the gym, go back to work or shower and get ready for a night on the

town. There are no restrictions! We do suggest that you use sunscreen and stay out of the sun for 7 days after your treatment.

WILL THE HAIR GROW BACK?

No, it won't. Our hair grows in cycles, so the treated hair will not grow back, but new hairs may grow, which is why it takes about 7-10 treatments to be hair-free. There are many other factors that can cause new hair to grow, such as hormones, pregnancy and PCOS. If you are treated at Milan Laser Hair Removal, each body area purchased comes with The Unlimited Package. So, if you see new hair growth in 6 months or 6 years after you are graduated, no worries—just call up Milan Laser and book a touch-up appointment free of charge, no questions asked.

WHEN IS THE BEST TIME TO GET LASER HAIR REMOVAL PROCEDURE?

Believe it or not Now! Lack of sun exposure makes the winter months the best time to begin your laser hair removal journey. If you start now, you will have smooth silky hair-free skin this summer.

